

CASH BENEFITS

FOR HEALTH CONDITIONS AND PREGNANCY/CHILDBIRTH RECOVERY

NJ TEMPORARY DISABILITY INSURANCE

Temporary Disability benefits can partially replace your wages when you have to stop working due to a physical or mental health condition or other disability unrelated to your work, including pregnancy/childbirth.

Most New Jersey workers qualify

To be eligible you must:

- meet earnings requirements in the 18 months prior to the start of your claim; see the current year's requirements at myleavebenefits.nj.gov;
- stop working due to an illness/injury that is not caused by your job; and
- be under the care of a licensed medical provider.

For work-related disabilities, see: myleavebenefits.nj.gov/workrelated



Apply for benefits online at myleavebenefits.nj.gov

It's your responsibility to ensure that a complete application – including the medical provider portion – is submitted to the Department's Division of Temporary Disability Insurance.

You have 30 days after your first day of leave to file your application.

It can take two to six weeks to approve a claim and pay benefits, once we have a complete application.

Receive 85% of your average weekly wages, up to a maximum

See the current year's maximum weekly benefit level at myleavebenefits.nj.gov. Your medical provider certifies how long you need to recover from your medical condition, up to a maximum of 26 weeks. After you start receiving Temporary Disability benefits, we may ask you to provide us with proof of your continuing disability to keep receiving benefits.

Learn about how you'll be paid at myleavebenefits.nj.gov/yourpayment



Temporary Disability Insurance for pregnancy/childbirth recovery

Temporary Disability provides cash benefits for pregnant parents when they need to stop working before giving birth and while recovering afterward. Parents can transition directly from Temporary Disability to bonding benefits, also known as Family Leave Insurance. Learn more at myleavebenefits.nj.gov/maternity.

Covered employers and employees

Most employers must participate in the State Temporary Disability Insurance plan and deduct your payroll taxes for it, or provide a private plan. The federal government is exempt and it is optional for local governments (for example counties, municipalities and school districts). Generally, employees who work a significant amount of time outside of New Jersey are not covered, but are encouraged to apply to find out if they are eligible.

If you are covered under a private plan, your employer's insurance carrier is responsible for processing and paying benefits on your disability claim. Reach out to your employer to learn more about your coverage and get an application.

Job protection

Your job could be protected under state and federal law. For more information, visit myleavebenefits.nj.gov/jobprotection.

For further assistance



T: 609-292-7060
MONDAY-FRIDAY
8:00 am – 4:30 pm
F: 609-984-4138



**Temporary Disability and
Family Leave Insurance**
PO Box 387 | Trenton | NJ | 08625

Hearing-impaired individuals may inquire about their claim via the Telecommunication Device for the Deaf (TDD): **609-292-8319**, or the NJ Relay Service at **1-800-852-7899**.